



# AHURIRI ARGUS



The weekly bulletin of the Rotary Club of Ahuriri  
Napier

## THE MAGIC OF ROTARY

For Apologies email: [mimvm@yahoo.co.nz](mailto:mimvm@yahoo.co.nz) OR [apologies@rotarynapier.org](mailto:apologies@rotarynapier.org)

**NOTE** Please ensure apologies are received before 9am Monday

**The Rotary Club of Ahuriri Napier Inc meets on Mondays at 5.30 for 6 p.m. Westshore Inn,  
84 Meeanee Quay. Westshore Beach, Napier**

<b>Duty Roster 2</b>	September 2	September 9 2024	September 16 2024	September 23 2024
<b>Guest Speaker</b>	<b>Chris Whittington Rotary East First Light</b>	SARAH PARKINSON RYDA Rotary Youth Driving Awareness	CHRIS MCIVOR Sport Leadership	CHRS HYDE EDITOR HB TODAY
<b>Setup/ Cashier</b>	Alan Day Jeff Silvester	Alan Day Gary Hemmings	Alan Day	Don Alexander
<b>Host, Intro &amp; thank Guest Speaker &amp; host any visitors</b>	Peter Venning	David Anderson	David Sewell	Lynne Anderson
<b>5 Minute Speaker</b>	Miriam van M	Brian Young	Caroline Lampp	Alan Hogarth
<b>Sergeant (MC) incls Opening &amp; closing thoughts</b>	Philip Stephens	Tara Huckle	Marcia Heathcote	Brien Mahoney
<b>Sergeant (fines session) now combined with Setup Duty</b>	Phil Currie	Derek Parke	Ross Mc Kelvie	Robert McFarlane
<b>Tech Setup</b>	Alan Day	Sue Page	Alan Day	Phillip Anderson
<b>Meetings</b>				

**Focus this month BASIC EDUCATION and LITERACY**

Robert opened our meeting with a warm welcome to our guests Dr Hannes Meyer and Barbara McKelvie. His opening thought – Never argue with an idiot. People watching won't know the difference.

FROM PRESIDENT Chris Whittington

**Survey Results** Thank you for the great response. Overall, we seem to be going in the right direction and members are open to options ahead.

Chris noted the great turnout for the second week in a row and proffered his thanks to all who beaver away in the background keeping our club humming.

Our regional collection of clubs under Grant Spackman as Regional Leader consists of clubs from Gisborne, Wairoa, Napier, Waipukurau and Hastings. We now have an official new name **Rotary East First Light**

**For your Diary** Sue is planning a Social Lunch on **Sunday 29 September**. So, no Rotary meeting on Monday 30<sup>th</sup> September

### GUEST SPEAKER

Dr Hannes Meyer spoke to us as an accredited Skin Doctor

Over summer, residents in our part of the world are exposed to 40% higher level of radiation than other countries at a similar latitude. Factors in play are, there is less pollution and cloud cover. Hence a higher prevalence of skin cancers

Of the 930,000+ affected only around 500 will die. So, it is largely TREATABLE.

Dr Hannes explained how the skin functions as a wall. Once UV radiation damages the skin, protection begins to fail. The level of damage depends on many factors. For more detailed information go to [Dermet.NZ](http://Dermet.NZ)

In every case both protection and treatment are key. It is advisable to have at least one full body scan per lifetime. More if you are susceptible

USE 50+ sunblock, as it provides the best barrier. This can be provided by your doctor through PRESCRIPTION

Seek shade, wear a hat, cover, avoid long spells outdoors in summer 10am to 4pm

SELF CHECK look/feel for rough patches rather like sandpaper. This is the easiest precancer to treat if caught early.

EFG If a mark/s on your skin is elevated, firm to the touch, growing rapidly and changing within a month seek MEDICAL ADVICE. Note it may not bleed or have colour so don't be fooled.

Refer to the leaflet Scan Your Skin

RISK FACTORS to look out for. Prior diagnoses, 100+ moles, family history, skin type, sun exposure-especially long term, sunbed use, immune suppression, medication (check with your doctor)

BE SUNSMART, SELF CHECK, DON'T DELAY, FOLLOWUP

References

[www.scantoursskin.org](http://www.scantoursskin.org)

Dr. Hannes Meyer@MySkin email [info@myskin.nz](mailto:info@myskin.nz) [www.myskin.nz](http://www.myskin.nz)

### FROM THE COMMUNITY

Kiwi Art Trail coming to Napier November 2024. Sculptures, Habitat, Highlights, Fun Facts, TWO local artists invited to apply For more go to [kiwiartrail.nz](http://kiwiartrail.nz)

Beach Cleanup THIS SUNDAY September 31<sup>st</sup>, 10 to 12.30 Head to the beach in front of the Aquarium

**DAFFODIL DAY Friday 30 August Cancer Society Street collection.** At Napier Pac n Save 9am to 5pm. Thank you to Phillip, Sue, Lynne, Anne, Chris Caroline for your upcoming help

Five Minute Speaker Brien Mahoney

Brien has come to the club with 50 years of experience as a Chartered Accountant, working for a Trust Company. He also has fifty years under his belt in Rotary. In that time Brien has served in Finance for the Pathways Trust for 20 years; and been with the Outward - Bound Trust for 36 years. The Napier Club Charitable Trust consists of two branches - one general and one specifically for Outward Bound. Brien's interest began when he took a course in 1966. Then he became an active supporter through the Palmerston North Rotary branch in 1988.

The Rotary Club of Napier Charitable Trust for Outward bound has supported the Kaweka Program which enables 14 students from low decile schools to attend at a cost of \$70,000 PA Brien and friends raise most of this sum and top it up from income generated by the Trust. An amazing contribution to our youth.

FINES Ralph stretched our memories concerning the Nasa Space Explorers, and the laid waste to oft misquoted taglines from both the moon landing and movies.

### NAPIER CLUB CENTENNIAL PROJECT

This is underway and the team is hoping for a grand opening before Christmas.

### CYCLONE RELIEF

The Club still holds \$40,000 funds raised at the Mission Concerts which is tagged for Mental Health, so we are on the lookout for suitable recipient/s

RFE Rotary Friendship Exchange from Wisconsin arrive in November. **Caroline is STILL looking for 2 or 3 more Hosts for 13<sup>th</sup>, 14<sup>th</sup> 15<sup>th</sup> November.** They will travel again on 16<sup>th</sup>. We have a mother/daughter couple and 2 single men to look after. Basically, for bed and breakfast. We have a van and driver organised to transport everyone independently from their hosts, for various activities. So, hosting will not be onerous.

Caroline awarded Certificates of appreciation still outstanding, for Don Alexander as almoner, Lynne Anderson as our stalwart Environment rep and David Parke for Projects.

Lynne spoke to us about 'The Gap' This is a vacant area at Westshore (to allow flight access). This is a project run by Biodiversity HB aiming to weed out the exotics and maintain or establish the 5 indigenous species. The area is divided into sections. Section F has been adopted by Ahuriri Sunrise. They WELCOME VOLUNTEERS. You would receive an orientation, so you know what to weed and what to leave. 1<sup>ST</sup> SATURDAY OF EACH MONTH, 9am start.

Finally, please put your thinking caps on to come up with a project suitable for all clubs in Rotary East First Light to work on in the year/s ahead. Our foci are Youth, Community Welfare and Environment. **Be bold. Dream.**

Please send through any thoughts to Gary, Chris or Mirriam