



# AHURIRI ARGUS



The weekly bulletin of the Rotary Club of Ahuriri

Napier

For Apologies email: [mimvm@yahoo.co.nz](mailto:mimvm@yahoo.co.nz) or [apologies@rotarynapier.org](mailto:apologies@rotarynapier.org)

NOTE Please ensure apologies are received before 9am **Monday** L

The Rotary Club of Ahuriri Napier Inc **meets** on Mondays at 5.30 for 6 p.m. Westshore Inn, 84 Meeanee Quay. Napier

Focus this month **Rotary Foundation Month**

John welcomed our **guest** Speakers Ella Polczyk-Przybyla and Matt Carroll from the Hawkes Bay branch of Raukatauri Music

<b>Duty Roster</b>	18 November 24	25 November	2 December	9 December
<b>Guest Speaker</b>	Hayley Browne – Napier City Councillor	Katie Nimon Napier MP National	AGM Finance report David Anderson	CHRISTMAS DINNER - <b>Details of duties to be advised</b>
<b>Setup/ Cashier</b>	Alan Day	Max Patmoy	Phillip Anderson	
<b>Host, Intro &amp; thank Guest Speaker &amp; host any visitors</b>	Brian Young	Gary Hemmings	N/A	
<b>5 Minute Speaker</b>	Lynne Anderson	Susie Whitman	Bob McCoy	
<b>Sergeant (MC) incls Opening &amp; closing thoughts</b>	Philip Stephens	Tara Huckley	Derek Parke	Marcia Heathcote
<b>Sergeant (fines session) now combined with Setup Duty</b>	Doug Knight	Matthew	Phillip Anderson	
<b>Tech Setup</b>	Sue Page	Phillip	Alan Day	
<b>Meetings</b>		Board		

Therapy Trust; Lucy Angland, Rebecca Moioli and Annika Tremain from NGHS Interact and Mihnea Vlad a former Science Forum recipient. Opening thought- “Don’t find fault, find a remedy” Henry Ford

## GUEST SPEAKER

As a musician Ella delighted with a waiata to introduce her presentation. Her own musical background includes playing jazz on both clarinet and saxophone. She completed a degree in musical therapy in 2008 and set up a music program in Kampala, Uganda for war affected Ugandans. In 2019 Ella saw a position advertised in NZ but didn’t make it till 2021 because of covid. Matt originally dreamed of a future in psychology but then shifted to music which grew to a qualification in music therapy. His uncle waxed lyrical about living in Tolaga Bay, so Matt made his way to NZ and so far, has not been disappointed. From a video we learned music therapy helps those who struggle to speak and move. With music therapy, participants learn to call and respond, make decisions, develop connections/trust and express themselves freely. Anyone from infancy to elder years can benefit. Benefits include wellbeing, socialisation, enhanced communication, motor skills development, sensory experiences,

language growth, redirecting emotions in a healthy manner, managing mood change and even physiological benefits such as pain management.

The Raukatauri Music Trust was set up by Dame Hinewehi Mohi in March 2004 named after her daughter who was the first participant. Ella told us the meaning refers to a Maori legend of Goddess of flute music who loved her flute so much she turned herself into a case moth so she would never be away from it. The moth is trapped in its case just as Rautakauri is trapped in her body.

While music therapy has been widely used in Europe, USA, UK and Australia, it is relatively new but growing in NZ with four centres in NZ supporting 1000 clients. In 2018 only one therapist was working in Hawkes Bay. Now we work out of two centres with two full time qualified therapists, one part time and two volunteers.

We now run sessions out of Taikura House. *Thanks to the donation from your club, we have been able to maintain sessions on Friday from the Tamatea High School music suite.*

The team in Hawkes Bay strive to provide quality service designed for and in response to each individual recognising each one's worth and inborn response to music. This can be in the form of voice, instrument or movement as the therapist and client actively engage. While referrals can be due to a wide range of diagnosis, a diagnosis is not necessary to participate. Referrals come from many professionals and groups in the community and can be a self-referral.

Without Government support finance comes from donations, fundraising, grants and client payment. This is on a sliding scale depending on circumstances ranging from \$65-\$120 per session although the actual cost is higher than this, so all contributions are gratefully received and appreciated.

FROM PRESIDENT Chris Whittington

REFL Rotary East First light met last week to discuss projects suitable for combined club participation. Of 17 proposals the club reps chose three to focus on- Grab Bags, Lifting the lid (on youth suicide) and establishing an area wide Eco Website. All clubs are now invited to consider these and either confirm or reject.

RFE **Rotary Friendship Exchange arrives** THIS WEEK 13 November. Itinerary includes a visit to Gannets, Art deco walk 10am Clive Square, wine tasting and dinner Friday night at Puketapu Pub. **Please let Caroline** know if you wish to join any activity.

RFE **meets with Green Meadows Rotary** on WEDNESDAY 13<sup>TH</sup> If you have not yet booked a seat, sorry you miss out

**Please remember to keep an eye on the roster** for selling **trailer raffle** tickets at Mitre10. Via the link sent out to all members, or phone Philip Anderson if you need help. The first weekend was a great success with RECORD number of books sold.

Please **continue collecting Christmas gifts** for children in hospital, and for adults in the Mental Health Unit. Mirriam and Caroline will distribute these in December. THANK YOU to all who have already done so.

**AN OPPORTUNITY** The best approach now, for Rotary to get its message out to the community is to email any story with photograph to H B Today and to Max for face book. So, we need to appoint a **media relations person** to assist. This person will prepare a press release for any current activities of interest. We also need a designated **club photographer** who could be the same person or other. PLEASE APPLY for either role to any Board member.

**FIVE MINUTE SPEAKER** We were privileged to have Mihnea Vlad speak to us tonight. Mihnea was one of our **Science Forum** recipients, an experience he counts as the best experience of his High School years. He still maintains friendships with fellow participants. Inspired by time with like-minded students he set off to Dunedin to study medicine but found his heart wasn't in it, so he switched gears and has come home with a degree in Engineering from Auckland Uni. More recently Mihnea was also accepted for **RYLA** Rotary Youth Leadership Awards and again experienced another highlight of his student days. The week was split with Inspiring speakers followed by a series of team building, problem solving tasks with twists which were developed from the content of the presentations. Mihnea believes the skills he learned at RYLA helped him land a job in Sydney and set him up for future success. He expressed his gratitude and appreciation for the opportunities given him through Rotary.

It was a night for Youth as Lucy, Rebecca and Annika from the **NGHS Interact** spoke about their Rotary experience as Interactors. As Club President in year 12 Lucy Angland was into her 4<sup>th</sup> year as an Interactor. In that time, she has seen membership grow from 10 to around 35 per meeting depending on school calls on their time. Rebecca Moioli also in her 4<sup>th</sup> year is Club Secretary has also been accepted for the Science Forum. Annika Tremain in year 11 has been learning the ropes as VP and will be President next year. The group has been fundraising with various schemes raising funds for the Cancer Society. Next year they hope to run a school wide walkathon. Their future goal is to connect with the other High Schools in town and encourage more involvement town wide in Interact.

## FOR YOUR DIARY

16 November **Sinta Klaus arrives** -a Dutch Christmas tradition.

**19 Nov RDA** (Riding for Disabled) **street collection** looking for assistance. **If you can help, please contact me ASAP**

Camp Kaitawa Work Week 2025 5-10 Jan Contact Ross Pinkham for details

**Christmas dinner** at Westshore 9 December. This is our final meeting of the year.

SERGEANT SESSION Brian turned the tables on us and established that we are all foreigners to Napier compared to him and hauled in the coins from one and all.

ALMINER'S REPORT It was lovely to have Robert back with us. Don is doing his best to stay out of hospital.

APPRECIATION TO Phillip Anderson who sets up and oversees the trailer raffle each weekend. Plus, our raffle sellers of course

John closed another very eventful evening with "Politics is the art of looking for trouble, finding it everywhere, diagnosing it incorrectly and applying the wrong remedies." From Groucho Marx

#### WHO'S WHO updated

<u>President</u> - Chris Whittington	Past President Gary Hemmings Caroline Lamm
Executive Secretary- Ross McKelvie	Secretary- Mirriam van Maanen
Treasurer-David Anderson	
Foundation-now Phil Currie	Youth Gary Hemmings
Environment-Doug Knight/Lynne Anderson	
Public Image-Ralph Slooten	Vocational/Membership Jeff Silvester
Projects Bob McCoy	Webmaster Ralph Slooten
Facebook Max Patmoy	

#### Useful links:

[www.rotarynapier.org](http://www.rotarynapier.org) is our club website We also still use [www.ahuriri-rotary.org.nz](http://www.ahuriri-rotary.org.nz)

[www.rotary.org.nz](http://www.rotary.org.nz) portal to all 6 districts in NZ

[www.rotary9930.org](http://www.rotary9930.org) portal to our 9930 District

[www.rotary.org](http://www.rotary.org) portal to RI Rotary International

[www.rdu.rotary.org.nz](http://www.rdu.rotary.org.nz) portal to Rotary Down Under

Rotary District 9930 Facebook page [www.facebook.com/rotarydistrict9930](http://www.facebook.com/rotarydistrict9930)

Rotary learning website [www.my.rotary.org/en/learning-reference](http://www.my.rotary.org/en/learning-reference)